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FAMILY-TO-FAMILY

NEWSLETTER

SELF-HELP PROJECTS | FOOD DISTRIBUTION | HOLIDAY GIFT IDEAS

Trees for the Future

Thanks to generous donors giving to self-help projects, 104 non-sponsored families in Chuisibel now have a sustainable source of fruit in the form of peach, lemon, orange and eucalyptus trees. Self-help and community development funds sometimes assist program participants with initial equipment for their new professions, but they also allow Family-to-Family to reach folks who are unable to commit to the three-year program, expanding the positive impact of FTF.



Self-help funds also recently financed a reforestation project in Old Ixtahuacan. Non-program families, including children, received pine and alder trees and learned about the benefits of planting trees for the future.

Trees for both projects were locally and sustainably grown in Family-to-Family plant nurseries.

Food Distribution

The COVID-19 pandemic continues to affect food security in Guatemala. This summer, when regional manager Adela Tambriz indicated there was a renewed and urgent need for food, Family-to-Family responded by sending \$3000 from unrestricted funds. The food,



which included ginger, garlic, coffee, cinnamon, lemon, eucalyptus leaves, corn, beans and rice, was distributed to all Family-to-Family program participants as well as to additional families and individuals in need.

We are very grateful for unrestricted contributions that allow the flexibility to meet program needs as they arise.



Holiday Gift Ideas

As the holidays approach, we hope you will consider alternative gift giving through Family-to-Family. While most program participants build or improve a house during their involvement, families often live without other basics for the home, like a bed. Gifting a bed to a family in the program in lieu of giving a tangible item to one of your own family members or friends would have double the impact: your loved one may *take comfort* in knowing their gift has *given comfort* to someone in need. While beds are the most common request, there are other options at a variety of prices, as indicated below. To give one of these alternative gifts, you may add the amount to your fourth quarter donation, clearly indicating the intention of your gift. You may also donate through our website, www.familytofamilyguatemala.com. Please include your email address with your request so that we can email the gift certificates to you, or indicate that you prefer to have the certificates printed and mailed to you by post.



Hutch
\$85



Two chairs
\$20



Table
\$50



Stove
\$180



Sweat bath
\$200

Bed
frame and mattress
\$100



Sink
\$70

These alternative gift opportunities do not change Family-to-Family's tradition of giving a Christmas gift to each program participant in Guatemala. Last year, the gifts included kitchen supplies, coffee, and clothes and valued about \$15 per family. If you would like contribute to the Christmas gift fund for program families, you may do so at any time, specifying your intent.

About Family-to-Family: Family-to-Family was founded in 1985 as an economic development program in the Guatemalan Highlands. Its primary mission is to provide income-producing skills training and resources to families and communities working to rise from poverty and become self-sufficient. For further information about the Family-to-Family program or to view our newsletters in color, please visit our website www.familytofamilyguatemala.com. You may also contact us by email at ftfguatemala@gmail.com or by phone at (509) 593-8204. This newsletter was written by local director Julianne Connell Sachs.